



SO STOBO

Scotland's only destination spa

2026

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WELCOME

Nestled among the beautiful Scottish Borders countryside, the magnificent Stobo Castle is the ultimate escape where one can indulge in a luxurious haven, unwind and enjoy some of the finest hospitality that Scotland has to offer.

From the sweeping driveway when one enters the grounds, guests are enveloped into an environment of unrivalled luxury, serenity and calmness.

Melt away the stresses of everyday life in Scotland's only destination spa – whatever your body desires, there are customised spa treatments available to detoxify, smooth and revitalise as the mood takes you.

Stobo Castle combines state of the art spa facilities with first class service and adds a special touch to make Stobo your very own personal sanctuary.



ACCOMMODATION

Your time is completely your own at Stobo – spend as much or as little as you wish relaxing in your stylish bedroom. Rooms vary in size and shape and the personality of each is unique, but all are rich and elegant with the perfect ambience to make one feel comfortable, and often with superb views over peaceful countryside. Each room features en-suite bath/shower rooms, tea and coffee making facilities, television, radio and telephone. A hairdryer, slippers, bottled water and luxury toiletries are provided for your convenience, plus a fluffy So Stobo bathrobe for the duration of your visit. Bedrooms are not air-conditioned, however fans are provided and rooms are serviced on a daily basis.

SINGLE ROOMS

For those who are joining us alone or prefer separate accommodation, our two smaller classic single rooms, located on the first and second floors, and our superior single room on the lower ground floor, provide a private space in which to relax in peace.

No single supplement applies to these rooms.

CASTLE LODGE*

Castle Lodge is just a 200 yard outside walk from the main castle and the contemporary style accommodation sleeps a maximum of 24 guests in 8 twin (each with two double beds) and 4 double rooms (each with a king-sized bed).

Please note that there is no private lounge in this lodge.



CLASSIC & SUPERIOR ROOMS

Each Classic and Superior room offers comfortable accommodation with single and twin/double-bedded rooms on all four floors of the main castle and the first floor of the spa courtyard. Superior rooms have GHD hairdryers and the twin rooms each have two double or king-sized beds.

DELUXE & DELUXE WITH TERRACE ROOMS

Choose from one of our luxurious, deluxe rooms and enjoy spacious surroundings and stunning décor. Each has two double or king-sized beds for added comfort.

British perfume house Penhaligon's luxury toiletries are available for guests' use in the bathrooms in their signature scent "Halfeti", an intoxicating, mysterious fragrance with vigorous grapefruit, creamy jasmine, Levantine spice and rose, suitable for all genders.

Little extras include a box of Walkers shortbread and the use of a Dyson Supersonic hairdryer. For something hot, we offer a selection of Pekoe Tea including the bespoke "So Stobo" Sleep flavour and Nespresso coffee, with crockery from the Villeroy & Boch range.

In the "Murray" and "Philipson" rooms, French doors open onto a terrace, inviting you to enjoy the beautifully landscaped gardens and Scottish countryside beyond from the comfort of rattan loungers.

PARK LODGE*

Park Lodge is a self-contained, secluded environment linked to the castle providing sumptuous accommodation for up to 12 guests. Surrounded by its own mature gardens, Park Lodge offers a private retreat for groups wishing to spend time together, whether that's catching up with friends or family, celebrating a special occasion or a corporate event.

The "Superior" graded accommodation is available in two spacious triple rooms (each with two double beds and a single day bed) and three twin-bedded rooms, each with two double beds, and there is also a comfortable sitting room with French doors opening out onto a delightful terrace.

* If groups require sole occupancy of either lodge, please book early.



THE CASHMERE SUITE

The most opulent suite in the land, where cashmere and unadulterated luxury personifies a new concept in guest accommodation. We believe your stay in The Cashmere Suite should be extra special and have therefore included the following small gifts which will await your arrival:



A complimentary bottle of Bollinger champagne



Two sets of luxury bathroom self-care products to take home



A box of Walker's butter shortbread



Fresh fruit and chocolates

The perfect setting for a romantic getaway, The Cashmere Suite is the destination of choice for honeymoon couples and anniversary celebrations alike.

THE BEDROOM

The bedroom walls are dressed in rich claret coloured cashmere, sourced from Holland & Sherry in Peebles. Integrated plasma screen televisions are placed at the bottom of two cashmere covered 7 x 5 ft beds from Italy which are hand painted and detailed to reflect the design of the silk curtains in the living room. A discreet dressing room is entered via the bedroom, panelled in the American Black Walnut finishing that is the theme throughout the suite.

THE BATHROOM

The bathroom within The Cashmere Suite is a true haven in itself. Handcrafted from one piece of limestone and weighing over a ton, is a breathtaking cream bath, which is the focal point of the room. Amber and aubergine up-lighters illuminate the room and complement the colour scheme. With under-floor heating and an integrated flat screen television, no detail has been excluded. Luxury bathing products and the softest of towels complete the sensual indulgence of this suite.

THE LOUNGE

An abundance of silk complements the cashmere in the lounge with the most superior lighting technology available on the market place. The floor boasts a truly stunning Zeigler rug that embraces all the colours of the suite and covers most of the room. On the walls hang paintings by Scottish based artist Deirdre Edwards – taken from her exhibition in the Scottish Gallery. The artwork, which features portraits set in a Chinese landscape, exhibits a style that is felt to be a break away from the traditional Scottish landscapes which one expects in such situations.

THE PRIVATE TERRACE

After you've explored the interior, step through the French doors to take in the stunning views from the private terrace – the perfect location for al fresco dining or relaxing on the comfortable loungers.



EATING WELL AT STOBO

Good food is essential to well-being and at Stobo Castle, we offer variety and choice to tempt every palate. And in case you were wondering, decadent desserts are on the menu, as are champagne, cocktails and fine wine.

STOBO CUISINE

Our Executive Head Chef Stephen King and his team create seasonal dishes using the finest produce Scotland has to offer. To complement this, Stephen has introduced a daily specials board with choices to satisfy every appetite.

Breakfast, lunch and dinner are included in all residential packages and vegan/vegetarian options are available, however if you have any specific dietary requirements, please advise us prior to arrival and we will be delighted to accommodate your requests. Most of our guests choose to relax in our classic, white bathrobes throughout the day, however we do request that guests dress in a smart/casual manner for dinner.

THE COURTYARD CAFÉ

The Courtyard Café features banquettes & comfortable seating, and décor using subtle lighting, smoked mirrors, plush fabrics and designer wallpapers. We have added breakfast items to the delicious menu, which also includes hot and cold beverages and a selection of snacks, cakes, traybakes and tarts. For something more substantial, sandwiches, salads and platters freshly prepared by our chefs and warming soup are also available.

The Courtyard Café opening hours are from 8.30am to 9.30pm.







THE COCKTAIL LOUNGE

Take in breath-taking views of the pool and countryside beyond whilst sipping your choice from our menu of over 30 cocktails, featuring new and classic combinations of decadent flavours.

Palm trees, pineapple lamps and bamboo finishes combine to create a paradise-themed, relaxing space for all to enjoy.

The Cocktail Lounge is open from 12 noon to 11.00pm.



THE COURTYARD BOUTIQUE

Continue the Stobo experience in the comfort of your own home with purchases from our luxury boutique.

You'll find everything you need for a complete pamper session including beautifully scented and highly effective skin, body and hair care, plus candles and diffusers to create a relaxing atmosphere.

Before you leave, treat yourself or someone you love to a Stobo souvenir, chosen from our impressive choice of branded goods, bespoke jewellery and seasonal gifts. Our elegant, lambswool wraps feature the exclusive "So Stobo" tartan, commissioned, produced and registered to celebrate our 40th anniversary as Scotland's only destination spa.

For online shopping, please visit www.stobocastle.co.uk

For mail order, please call **01721 726850**.



RELAX AND INDULGE YOURSELF

Venture into the Spa where you'll discover an unrivalled range of health and beauty treatments to cater for your every desire. Whichever you choose, you'll be in the safe hands of highly trained therapists who are there to make sure you get the most out of your stay with us.

Our in-house spa experts research and embrace the very latest in spa trends and technology to ensure we deliver the ultimate in luxurious treatment experiences. Take a moment to disconnect from the stresses of daily life and allow yourself to be truly relaxed and rejuvenated.

Once your treatment is complete, a visit to The Relaxation Suite is the perfect end to your pampering journey.



GUEST FACILITIES

THE SWIMMING POOL

The 25m UV treated swimming pool offers panoramic views across the Borders countryside. Guests can choose to swim at their leisure or take part in our daily Aquafit class. Poolside loungers are also available.

THE LACONIUM

A gentle, heated bath at a temperature of 65° and humidity of 15-20% to purify and detoxify the body. A dry, relaxing environment allowing your body to heat before you refresh yourself with the ice fountain making your skin tingle and feel refreshed (ladies only).

THE CRYSTAL STEAM ROOM

Crystal can help overcome a variety of imbalances and illnesses. As the body gently heats up, the blood circulation is stimulated to detoxify and purify. This strengthens our immune system and helps overcome anxiety. The temperature in this cabin reaches 45° and the humidity amounts to 90-100% (ladies only).

THE AROMATIC STEAM ROOM

As the room heats up to a temperature of 45° and humidity of 90-100%, blood circulation is gently stimulated. This is a deeply purifying and detoxifying process. As you inhale deeply, the steam blended with fresh aroma of essence will start you perspiring. 15 to 20 minutes is the ideal length of time followed by a refreshing shower and a 20 to 30 minute rest (ladies only).

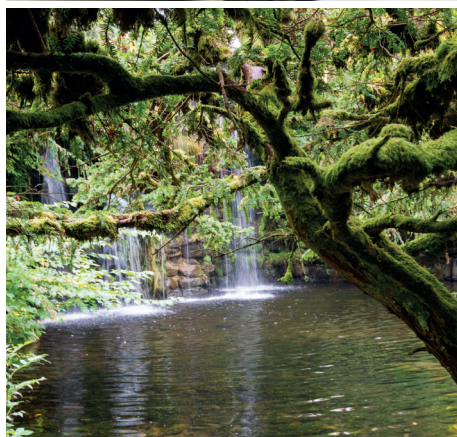
THE EXPERIENCE SHOWER

A unique shower treatment with 3 settings to complement your spa experience. Choose from 'Tropic', in which you surrender yourself to tropical rain, surrounded in huge droplets with a warm glow to enhance and stimulate the circulation, 'Rain' which is a refreshing shower to stimulate and tone the body and 'Head' which is the classic option with soothing warm water to cleanse and revitalise.

THE HYDROSPA

Stobo has one of the most advanced hydrosplas of its kind. At one end there is an Airlounger designed to give an air massage along the full length of your body, in the middle, an airpad supplies millions of bubbles to give an invigorating and refreshing standing massage and two giant water fountains deliver an excellent neck and shoulder massage.





THE STEAM ROOM

The Mixed Steam Room enjoys stunning views of the pool and landscaped gardens beyond. Piped music adds to the serene ambience.

THE SWEDISH SAUNA

Our glass-fronted Swedish Sauna is located in the lobby of the pool area, providing traditional dry heat for all guests, with remarkable views onto the swimming pool.

THE RELAXATION SUITE

Our dedicated Relaxation Suite is available for all our guests and members to use, with comfortable loungers and peaceful music – a serene environment in which to simply chill out and be calm, or to rest following a treatment.

THE OUTDOOR HOT TUBS

Our three outdoor hot tubs feature seating for 18 people to enjoy a soothing water jet massage, whilst admiring the stunning landscaped gardens and countryside beyond. We recommend no longer than 15-20 minutes per session.

THE TENNIS COURT

What better way to enjoy Stobo's stunning location than an invigorating tennis match on our court situated at the front of the castle surrounded by rolling hills and beautiful landscape.

THE JAPANESE WATER GARDENS

There's something indescribably magical about a Scottish castle, perched on a hill amongst rolling grounds, shaded by trees and set around a picturesque loch.

Relax in our beautiful grounds or take a loch-side walk to restore a sense of balance with nature, in a world where such simple pleasures are too often overlooked.

Close by the castle lie the magnificent Japanese Water Gardens. Stand by the waterfall or amidst the gently burbling pools, specially designed to promote a Zen-like calm. Water from the Stobo Loch tumbles down a cascading waterfall and delightful little bridges take you over peaceful streams whilst lush plant life and classic Oriental landscaping combine to create an overwhelming sense of peace.

Sometimes the greatest boost of all comes from breathing fresh country air and feeling the wind in your hair. We offer the latest in beauty treatments but the stunning Peeblesshire countryside comes free, as an integral part of the package.

FIND YOUR FIT

WELLNESS FOR EVERY BODY

Whether you're starting your fitness journey or looking to level up your routine, our health and wellness offerings have something for everyone.

CLASSES

Included in your visit are a wide range of classes designed to help you move, stretch and feel your best:

- **Yoga** – Build flexibility, balance, and inner calm
- **Pilates** – Strengthen your core and improve posture
- **Stretch, Release and Relax** – Gently ease tension and unwind
- **AquaFit** – Low impact water-based workouts in the pool
- **Chair Fit** – A gentle yet effective class tailored for less active participants

For those who prefer a more active session, join our dynamic, instructor-led fitness classes:

- **Total Tone** – Full-body conditioning for strength and endurance
- **Kettlebells** – A powerful workout focusing on strength and agility

SOUND BATH IMMERSION

Experience the deeply restorative power of sound therapy. Our Sound Bath Immersion sessions offer a meditative escape through soothing vibrations – available in the Exercise studio, Relaxation suite and Swimming pool. (Please note: additional charges apply).



GYM

Our fully equipped gym features a wide range of cardio and strength training machines and free weights, perfect for both beginners and avid fitness enthusiasts. Whether you're in for a quick workout or a focused session, you'll find what you need here.

PELOTON BIKE

Tap into a world of on-demand cycling, strength, yoga and more with our **Peloton Bike**. With Wi-Fi and Bluetooth compatibility, you can train your way – whether you're chasing a challenge or going with the flow.

BODY COMPOSITION ANALYSIS

15 mins | £10pp

This includes weight, body fat percentage, hydration levels, metabolic age, visceral fat rating, Body Mass Index and physique rating.

Minimum age 18. Not suitable for those with a pacemaker.

For more information on fitness classes or if you would like to request a specific class or 1-1 tuition, please call 01721 725300 and talk to a member of the Fitness Team, or email gym@stobocastle.co.uk

Suitable clothing must be worn in the gym and exercise studio and swimwear is required for the wet facilities.



USEFUL INFORMATION

GIFT VOUCHERS - THE PERFECT PRESENT

When it comes to choosing the ultimate present, a voucher for a spa experience will be received with joy. Indulge your loved one with the gift of relaxation - a Stobo Castle gift voucher.

Leave the choice to them with monetary vouchers from £50 or give a specific experience with an Evening Escape, Spa Day or Residential voucher.

Treat someone who deserves to be pampered. . . . give them a Stobo Castle gift voucher. Ordering is quick and easy by calling **01721 725300** or visiting **www.stobocastle.co.uk** and your voucher will be sent to an email or postal address of your choice.

LOYALTY OFFER

Enjoy 10% Off When You Rebook Within 7 Days of Departure – Our Way of Saying Thank You For Your Loyalty

Every guest deserves something extra, that's why we're delighted to introduce our new loyalty reward: rebook within 7 days of departure, and enjoy a 10% discount on your next Stobo experience. Whether it's a solo escape, a romantic break or a friends retreat, we're here to make your next stay even more special. **Please see our website for terms & conditions.**

INTERNET ACCESS

Free wireless internet access is available in all areas of the castle, including guest bedrooms.

MOBILE PHONE POLICY

To maintain a peaceful atmosphere here at Stobo Castle,

please switch your mobile phone to silent and do not use to make or take calls in public areas. If you wish to use your mobile or any other device to take photographs, please ensure there are no other guests in any of your images.

GRATUITIES

We believe that all our staff, including those behind the scenes, contribute to the service we provide and therefore gratuities are distributed evenly and in full. For ease of payment of gratuities, all accounts will be subject to a discretionary charge - this may be removed or amended upon request.

DISABLED ACCESS

We welcome people with all disabilities and, as with all of our guests, will strive to ensure their comfort and wellbeing during their stay.

We would be delighted to hear from you if you have any particular requirements regarding your room, treatments or dining experience - our team are always available to help you make the most of your time with us.

Given the castle's age and listed status, it is unfortunately not possible to make the alterations necessary to create fully disabled access throughout the building and please note that our staff are not medically trained and are unable to provide one-to-one assistance.

The minimum guest age at Stobo Castle is 14.

Although we welcome group bookings, we would kindly request that noise is kept to a minimum after 11.00pm.

RESIDENTIAL PACKAGES 2026

ALL RESIDENTIAL PACKAGES INCLUDE:

- A warm welcome – your luxurious accommodation is available from 3.00pm however you may wish to join us for a light lunch served in The Courtyard Café from 2.00pm. Any queries will be answered throughout our swift check in process.
- Stobo cuisine - all meals from dinner on arrival to lunch on departure are included. Leaders of large groups are encouraged to advise us of their preferred dining times prior to arrival.
- Spa treatments as per your chosen package – these may commence from 3.30pm on your day of arrival so please kindly advise us if you intend to arrive after this time.
- Unlimited use of the spa facilities.
- An extensive range of optional fitness, relaxation and aqua classes.
- Guided country walks and exclusive access to The Japanese Water Gardens.
- Complimentary So Stobo slippers and use of bathrobes & towels. As part of our quest to become a greener Spa, we would kindly ask you to bring a re-usable water bottle with you.
- A fond farewell – on your day of departure, please settle your account between the hours of 9.00am and 11.00am and we kindly ask you to vacate your room and return your keycards to Reception by 12 noon on the day of departure.



Our package rates vary throughout the year – for current prices, up-to-date availability and to book, please either visit our website or call our Reservations Team on 01721 725300

THE REVITALISING ESCAPE

A truly rejuvenating package, allowing time to fully immerse yourself in our extensive spa facilities and enjoy all that Stobo has to offer. If spa treatments are desired, we would recommend no more than one appointment if you are staying for just one night to ensure a relaxed itinerary. Please advise us of your preference at the time of booking as appointments are subject to availability.

SPECIAL OFFER – SAVE 10% Enjoy a summer break on the Revitalising Escape in June, July or August 2026 and receive a 10% discount. Excludes Saturday nights, Deluxe rooms with Terrace and The Cashmere Suite.



Scan for more details



THE WELLNESS SPA BREAK

Indulge in our **TWO** night spa break featuring the perfect balance of pampering and relaxation. This package includes:



REJUVENATING WATER MASSAGE | 15 minutes LN P 14 ♿

Be massaged with approx. 2,000 litres of warm water, without getting wet! Relax with a personalised, heated full body massage. Powerful waves of heated water target specific areas of the body for a personalised and relaxing massage experience.

or upgrade this to:



ESSENTIAL MARINE FACIAL | 40 minutes (£50 Supplement) b1 sd 👁 a

This highly effective facial, powered by the richness of the sea, is tailored to each skin type for flawless and radiant skin.



SATIN SHIMMER SALT CRYSTAL EXFOLIATION | 40 minutes (£50 Supplement) sd ♥ a FC BP LN

Reveal radiant, silky-smooth skin with this invigorating full body exfoliation. Using marine salts and a nourishing body milk, this treatment gently removes dead skin cells, boosts circulation, and leaves your body glowing with a satin-soft finish.

or:



DERMALUX LED LIGHT THERAPY | 25 minutes (£50 Supplement) b1 sd 👁 a P E

This targeted treatment uses clinically proven LED technology to energise and revitalise the skin. Ideal for brightening the complexion, soothing irritation, or boosting collagen production, this express option is tailored to your skin's unique needs. Relax and unwind as the therapeutic light works its magic, leaving your skin refreshed, hydrated, and beautifully radiant. Please see page 38 for further details and specific information regarding contra-indications

and one of the following 55 minute treatments



DE-STRESS RITUAL | 55 minutes BP P a ♥ sd FC LN

Enjoy a de-stressing, focussed body massage, incorporating shiatsu points on the feet and a luxurious, warming scalp massage. This treatment is designed to dissolve tensions and promote total relaxation, leaving you feeling comforted from head to toe.



BLISS BODY RITUAL | 55 minutes P ♥ LN sd BP FC a

This blissful experience begins with a gentle back exfoliation to smooth the skin and a warm and comforting application of paraffin wax to the back, promoting relaxation and easing muscular tension. The ritual concludes with a calming massage to the lower legs and the back, neck and shoulders, leaving you in a state of total bliss.



CYFOLIA ORGANIC | Radiance Boosting Facial 55 minutes a sd b1 👁

Immerse yourself in nature's purity with this elegant treatment, featuring certified organic products and a calming massage. Designed to deeply hydrate, illuminate and revitalize both the face and delicate eye contour, this ritual leaves the skin fresh, supple and glowing with natural radiance.

THE TIMELESS SPA EXPERIENCE

Escape to Stobo and enjoy our **THREE** night spa break including TWO of the following truly decadent 55 minute treatments and an exclusive Phytomer Travel Kit worth £33.

LUXURY FACIAL

Cyfolia Organic Radiance Facial

Designed to deeply hydrate, illuminate and revitalise both the face and delicate eye contour, this ritual leaves the skin fresh, supple and glowing with natural radiance.

Douceur Marine Soothing Facial

This comforting treatment envelops the skin in soothing hydration while reinforcing its natural defences. Skin is left soft, balanced and beautifully comforted.

Hydra Original Thirst Relief Facial

This revitalizing facial combines the intense hydration of organic algae with sensorial textures and a deeply soothing massage. Skin is left replenished, luminous, visibly plumped and glowing with vitality.

FULL BODY WELLNESS MASSAGE

Relax and unwind with this soothing full body treatment designed to ease tension, boost circulation, and promote total wellbeing. Using warm oils and tailored massage techniques, this luxurious experience leaves you feeling refreshed, rebalanced, and deeply relaxed.

STOBO SIGNATURE MASSAGE

Our signature treatment begins with a warm foot compression to aid relaxation, continuing with the luxury of a stress-relieving back and facial massage, incorporating either a hand or foot massage to truly relax the mind and body.

FIRMING BODY WRAP

Tone, tighten and rejuvenate with this results-driven body treatment. Infused with marine-rich ingredients, the wrap works to firm the skin, improve texture, and combat skin slackening. Relax as your body is cocooned, leaving you feeling smoother, sculpted, and refreshed.

MII MANICURE DELUXE

Indulge your hands with this nourishing manicure treatment designed to restore softness and elegance. Including expert nail shaping, cuticle care, exfoliation, a soothing hand and arm massage and a hydrating mask, the treatment is completed with your choice of Mii's high-performance polish for a flawless finish.

MII PEDICURE DELUXE

Treat your feet to the ultimate indulgence with our Mii Deluxe Pedicure. This luxurious treatment includes nail shaping, cuticle care, exfoliation, a soothing foot and leg massage and a hydrating mask. Finished with your choice of Mii's high-performance polish, it leaves your feet feeling soft, refreshed, and beautifully polished.



THE QUINTESSENTIAL RETREAT

The pinnacle of luxury spa breaks, our **FOUR** night retreat will leave you truly pampered from head to toe and relaxed in mind, body and spirit. The following spa experiences and an exclusive Phytomer Gift Set worth £64 are included:



DERMALUX LED LIGHT THERAPY | 25 minutes

a E sd b1 P

This targeted treatment uses clinically proven LED technology to energise and revitalise the skin. Ideal for brightening the complexion, soothing irritation, or boosting collagen production, this express option is tailored to your skin's unique needs. Relax and unwind as the therapeutic light works its magic, leaving your skin refreshed, hydrated, and beautifully radiant.

Please see page 38 for further details and specific information regarding contra-indications



And, to ensure your stay is fully tailored to your needs, please choose any **TWO** 55 minute treatments (descriptions and contra-indications may be found in the treatments section from page 39)

- Hydra Original Thirst Relief Facial
- Cyfolia Organic Radiance Facial
- Douceur Marine Comforting Facial
- Soothe & Nurture Organic Facial
- Bliss Body Ritual
- Full Body Wellness Massage
- Body Firming Wrap
- Mother-to-be Massage
- Stobo Signature Massage
- Calming Radiance Ritual
- Mii Manicure Deluxe
- Mii Pedicure Deluxe



CHRISTMAS AT THE CASTLE

CHRISTMAS EVE

- ❄ Start the festivities with complimentary mulled wine and mince pies on arrival around 3pm.
- ❄ Following a swift check-in, take time to settle into your room.
- ❄ Enjoy use of the spa facilities and optional fitness classes followed by a sumptuous three course dinner.

CHRISTMAS DAY

- ❄ Enjoy a leisurely breakfast and spend the morning relaxing in the Spa.
- ❄ A light lunch is provided, followed by an optional winter stroll in the countryside.
- ❄ Join us for a champagne reception at 6.00pm followed by a traditional Christmas Dinner served at 6.30pm with all the trimmings and complimentary wine throughout.

BOXING DAY

- ❄ Another leisurely breakfast is in order, followed by use of the spa facilities and join in with one or two of our fitness and relaxation classes if you wish.
- ❄ The festivities are concluded with lunch & a fond farewell.

EXCLUSIVE CHRISTMAS PROMOTION

Extend your stay by one night (23rd or 26th December) from only £227pp and enjoy a complimentary 25 minute treatment.



SO HOGMANAY

See in 2027 in style at Stobo Castle –
“So Hogmanay” successfully combines relaxation, pampering and fun in beautiful surroundings.

BOOK NOW AND YOU CAN LOOK FORWARD TO:

- ❄ Two nights' luxurious accommodation (30th & 31st December 2026 or 31st December 2026 & 1st January 2027).
- ❄ Delicious Stobo Cuisine – all meals from dinner on arrival to lunch on departure, including complimentary wine* with the sumptuous Hogmanay Dinner.
- ❄ Unwind in the award-winning spa facilities.
- ❄ Brush away the cobwebs with our programme of optional fitness and aqua classes.
- ❄ Take part in our guided country walks in the stunning Scottish landscape with full access to the Japanese Water Gardens.
- ❄ As always, complimentary slippers and use of fluffy bathrobes are included.

The Hogmanay celebrations begin with a Welcome Reception with complimentary champagne*, followed by live music till late provided by “Cranachan”, a fantastic 6-piece band – prepare to be entertained and dance the night away to ceilidh tunes and classic hits.

**Non-alcoholic alternatives are available.*



SPA DAYS & EVENING ESCAPE 2026

ALL SPA DAYS INCLUDE:

- A warm welcome and overview of your day with a member of our friendly team.
- A delicious two course lunch (main course and dessert), excluding The Stobo Brunch Spa Day
- Spa treatments as per your chosen package.
- Unlimited use of the spa facilities.
- An extensive range of optional fitness, relaxation and aqua classes.
- Guided country walks and exclusive access to The Japanese Water Gardens.
- Complimentary So Stobo slippers and use of bathrobes & towels. As part of our quest to become a greener Spa, we would kindly ask you to bring a re-usable water bottle with you.
- A fond farewell – please settle any outstanding items at Spa Reception prior to departure.



For current rates,
please scan here.

THE STOBO BRUNCH SPA DAY

Treat yourself, and your taste buds, to the ultimate relaxation experience with our Stobo Brunch Spa Day. Enjoy delectable Stobo cuisine with your choice from our brunch menu any time up to 11.30am then relax & rejuvenate in our luxurious spa oasis.

Arrival from 10.00am – departure 4.00pm



THE SIMPLY REJUVENATING SPA DAY

Enjoy a relaxing experience that will leave you refreshed and invigorated. No treatments have been included - perfect for those who simply want to unwind, de-stress and enjoy everything that Stobo has to offer. We understand everyone's schedules vary, so we've created two options for this package:

Arrival from 9.00am – Departure 5.00pm or Arrival from 11.00am – Departure 7.00pm



THE SO TRANQUIL SPA DAY

Arrival from 9.00am - Departure 5.00pm.

Choose **ONE** of the following 40 minute treatments:



TRANQUIL TOUCH MASSAGE

sd FC LN a P ♥ b1 BP 👁

Relax into this tranquil treatment, combining the luxury of a stress-relieving back massage and facial massage.



INDIAN HEAD MASSAGE sd E LN a

Relieves the anxiety that accumulates in the head, back and neck in everyday life.



PARAFFIN WAX OF THE BACK, NECK & SHOULDERS a sd ♥ P FC BP LN

An application of warm wax to the back, neck & shoulders to alleviate tension and relax muscles. After application, the client can fully relax with a de-stressing scalp and lower leg massage.



SATIN SHIMMER | Salt Crystal Exfoliation

a sd ♥ FC BP LN

Reveal radiant, silky-smooth skin with this invigorating full body exfoliation. Using marine salts and a nourishing body milk, this treatment gently removes dead skin cells, boosts circulation, and leaves your body glowing with a satin-soft finish.



ESSENTIAL MARINE FACIAL b1 sd 👁 a

This highly effective facial, powered by the richness of the sea, is tailored to each skin type for flawless and radiant skin.

Upgrade your inclusive 40 minute treatment to any 55 minute treatment for only £40.



THE LUMINOUS SPA DAY

Arrival from 9.00am - Departure 5.00pm



DERMALUX LED LIGHT THERAPY a E a sd b1

This targeted treatment uses clinically proven LED technology to energise and revitalise the skin. Ideal for brightening the complexion, soothing irritation, or boosting collagen production, this express option is tailored to your skin's unique needs. Relax and unwind as the therapeutic light works its magic, leaving your skin refreshed, hydrated, and beautifully radiant.

Please see page 38 for further details and specific information regarding contra-indications

And choose **ONE** of the following 55 minute treatments:



FULL BODY WELLNESS MASSAGE a sd P12 FC BP LN

Relax and unwind with this soothing full body treatment designed to ease tension, boost circulation, and promote total wellbeing. Using warm oils and tailored massage techniques, this luxurious experience leaves you feeling refreshed, rebalanced, and deeply relaxed.



STOBO SIGNATURE MASSAGE a sd b1 FC BP LN

Our signature treatment begins with a warm foot compression to aid relaxation, continuing with the luxury of a stress-relieving back and facial massage, incorporating either a hand or foot massage to truly relax the mind and body.



FIRMING BODY WRAP a sd LN P12 BP

Tone, tighten and rejuvenate with this results-driven body treatment. Infused with marine-rich ingredients, the wrap works to firm the skin, improve texture, and combat skin slackening. Relax as your body is cocooned, leaving you feeling smoother, sculpted, and refreshed.



LUXURY FACIAL a b1 sd

Cyfolia Organic Radiance Facial

Designed to deeply hydrate, illuminate and revitalise both the face and delicate eye contour, this ritual leaves the skin fresh, supple and glowing with natural radiance.

Douceur Marine Soothing Facial

This comforting treatment envelops the skin in soothing hydration while reinforcing its natural defences. Skin is left soft, balanced and beautifully comforted.

Hydra Original Thirst Relief Facial

This revitalizing facial combines the intense hydration of organic algae with sensorial textures and a deeply soothing massage. Skin is left replenished, luminous, visibly plumped and glowing with vitality.



MII MANICURE DELUXE a sd

Indulge your hands with this nourishing manicure treatment designed to restore softness and elegance. Including expert nail shaping, cuticle care, exfoliation, a soothing hand and arm massage and a hydrating mask, the treatment is completed with your choice of Mii's high-performance polish for a flawless finish.



MII PEDICURE DELUXE a sd FC

Treat your feet to the ultimate indulgence with our Mii Deluxe Pedicure. This luxurious treatment includes nail shaping, cuticle care, exfoliation, a soothing foot and leg massage and a hydrating mask. Finished with your choice of Mii's high-performance polish, it leaves your feet feeling soft, refreshed, and beautifully polished.

THE SERENITY

SPA DAY

Arrival from 9.00am - Departure 5.00pm

An exclusive Phytomer Travel Kit worth £33 and **TWO** of the following 55 minute treatments are included:

(We would not recommend having two treatments including body massage on the same day, or similarly two treatments including facial stimulation.)



FULL BODY WELLNESS MASSAGE

Relax and unwind with this soothing full body treatment designed to ease tension, boost circulation, and promote total wellbeing. Using warm oils and tailored massage techniques, this luxurious experience leaves you feeling refreshed, rebalanced, and deeply relaxed.



STOBO SIGNATURE MASSAGE

Our signature treatment begins with a warm foot compression to aid relaxation, continuing with the luxury of a stress-relieving back and facial massage, incorporating either a hand or foot massage to truly relax the mind and body.



FIRMING BODY WRAP

Tone, tighten and rejuvenate with this results-driven body treatment. Infused with marine-rich ingredients, the wrap works to firm the skin, improve texture, and combat skin slackening. Relax as your body is cocooned, leaving you feeling smoother, sculpted, and refreshed.



LUXURY FACIAL

Cyfolia Organic Radiance Facial

Designed to deeply hydrate, illuminate and revitalise both the face and delicate eye contour, this ritual leaves the skin fresh, supple and glowing with natural radiance.

Douceur Marine Soothing Facial

This comforting treatment envelops the skin in soothing hydration while reinforcing its natural defences. Skin is left soft, balanced and beautifully comforted.

Hydra Original Thirst Relief Facial

This revitalizing facial combines the intense hydration of organic algae with sensorial textures and a deeply soothing massage. Skin is left replenished, luminous, visibly plumped and glowing with vitality.



MII MANICURE DELUXE

This nourishing treatment includes nail shaping, cuticle care, exfoliation, a soothing hand & arm massage and a hydrating mask, plus your choice of Mii's high-performance polish.



MII PEDICURE DELUXE

This luxurious treatment includes nail shaping, cuticle care, exfoliation, a soothing foot & leg massage and a hydrating mask, plus your choice of Mii's high performance polish.



BLISS BODY RITUAL

This blissful experience begins with a gentle back exfoliation to smooth the skin and a warm and comforting application of paraffin wax to the back, promoting relaxation and easing muscular tension. The ritual concludes with a calming massage to the lower legs and the back, neck and shoulders, leaving you in a state of total bliss.



DE-STRESS RITUAL

Enjoy a de-stressing, focussed body massage, incorporating shiatsu points on the feet and a luxurious, warming scalp massage. This treatment is designed to dissolve tensions and promote total relaxation, leaving you feeling comforted from head to toe.

THE EVENING ESCAPE

Treat yourself to an evening of relaxation in Stobo's world class spa facilities. Take a dip in the 25m pool, hydrosapa & outdoor hot tubs, try the different steam rooms in the Health Suite or maybe enjoy a workout in the gym. Refreshments are available to purchase from The Courtyard Café and The Cocktail Lounge.

You'll leave us feeling completely revitalised and ready to face the next day!



SPA TREATMENTS 2026



SPA FACILITIES AND TREATMENT ADVICE



We recommend advising us at the time of booking if you would like to enjoy any additional treatments by calling **01721 725300** (option 2) or emailing: spa@stobocastle.co.uk



Treatments are subject to availability and payment for treatments may be settled on departure.



We are happy to take requests for specific treatment times however all appointments are subject to availability due to therapist skills and room availability.



On arrival, you will be given your treatment card (please check this as soon as possible) – this will show your treatment times, which may commence from 3.30pm on arrival and finish by 12 noon on your day of departure.



Please remove all jewellery before using the spa facilities and prior to the start of your treatment.



We endeavour to allocate the same times for guests visiting together.



Confirmation of any additional treatments booked will be emailed in advance of your stay.



If you have been ill or received medical treatment within the last 6 months, please consult your doctor before booking treatments (a doctor's letter may be required for certain medical conditions).



Some treatments may restrict your use of the pool and heat treatments.



Intake of alcohol 24 hours prior to treatments should be moderated.



24 hours notice of cancellation is required for all additional treatments, otherwise the full charge will be made.



Treatments are suitable for 16 years and over, with the exception of Manicures & Pedicures (including Geleration) and the Rejuvenating Water Massage, which are available for 14 and 15 year olds.



We have male and female therapists on the Spa Team – please advise us if either option is unacceptable.



Treatment consultation is included within the treatment timing.

CONTRA INDICATIONS

The following contra indications are a guideline only and you may wish to discuss your suitability for a particular treatment with our highly trained Spa Team. Wherever possible, we will adapt the advertised protocol to meet your requirements.

Allergies	a
Epilepsy	E
Skin Diseases	sd
Heart Problems	♥
Diabetes	D
Pregnancy - not suitable for pregnant ladies	P
Pregnancy - not suitable for those within the first 12 weeks of pregnancy	P12
Breastfeeding	B
Foot Conditions	FC
Botox (within the last week)	b1
Thyroid Active/Underactive - the treatment will be adapted	T
Suitable for Those Aged 14 and Over	14
Lymph Nodes Removed	LN
Uncontrolled or Unmedicated High/Low Blood Pressure	BP
Eye Infection	👁
Shellfish Allergy	S
Cancer - must be 3 years in remission	C
Acute Mobility Issues	♿



DERMALUX

Dermalux Tri-Wave MD is an award-winning, medically certified LED light therapy system, using advanced technology harnessed from the power of Blue, Red, and Near-Infrared light. It is clinically proven to clear acne, reverse the visible signs of ageing and revitalise the skin. This non-invasive treatment harnesses the power of light for healthy skin, pain-free.

Dermalux hydrates and plumps the skin from the very first treatment. Redness and irritation are calmed and the skin looks radiant. Colour wavelengths stimulate a specific response in the skin, such as anti-bacterial, anti-inflammatory, and anti-ageing.

What Can Dermalux LED treat?

- Tired or dull skin
- Rejuvenation
- Pain management
- Acne
- Rosacea and Redness
- Eczema, Dermatitis, and Psoriasis
- Sensitive and Inflammatory Conditions
- Scarring and wound healing



Also not suitable for those with eye diseases and conditions such as glaucoma and cataracts, those who have had laser eye surgery, those who experience seizures triggered by light or those using skincare products such as retinols.

DERMALUX LED LIGHT THERAPY

25 minutes | £70

This targeted treatment uses clinically proven LED technology to energise and revitalise the skin. Ideal for brightening the complexion, soothing irritation, or boosting collagen production, this express option is tailored to your skin's unique needs. Relax and unwind as the therapeutic light works its magic, leaving your skin refreshed, hydrated, and beautifully radiant.

SOOTHING AND CALMING DERMALUX FACIAL

55 minutes | £150

Indulge in the ultimate skin-soothing experience, expertly

designed to calm and rejuvenate even the most sensitive skin. The application of Dermalux Tri-Wave MD reduces redness and irritation, accelerates healing, and deeply revitalises the complexion at a cellular level.

ANTI-AGEING DERMALUX FACIAL

55 minutes | £150

A luxurious treatment designed to smooth, firm, and revitalise the skin. This intensive facial combines gentle massage techniques with powerful age-defying formulas to target fine lines, loss of elasticity, and uneven skin tone. The experience is enhanced with a customised session under the **Dermalux Tri-Wave MD**. Working at a cellular level, precision-targeted wavelengths stimulate collagen production, improve skin density and restore a youthful radiance.

HYDRATING DERMALUX FACIAL

55 minutes | £150

Restore your skin's natural vitality with our deeply nourishing treatment, designed to replenish moisture, enhance radiance, and leave your complexion feeling plump and refreshed. A customised blend of hydrating serums and soothing massage techniques helps to lock in moisture and revive tired skin. To elevate your results, we include a session under the **Dermalux Tri-Wave MD** to boost hydration, stimulate collagen, and restore skin luminosity, working beneath the surface to rehydrate, heal, and energise the skin at a cellular level.

FACIALS

HYDRA ORIGINAL THIRST RELIEF FACIAL

55 minutes | £115    

An essential ritual for deeply-quenched, radiant skin. This revitalizing facial combines the intense hydration of organic algae with sensorial textures and a deeply soothing massage. Skin is left replenished, luminous, visibly plumped and glowing with vitality.

CYFOLIA ORGANIC RADIANCE FACIAL

55 minutes | £115    

Immerse yourself in nature's purity with this elegant treatment, featuring certified organic products and a calming massage. Designed to deeply hydrate, illuminate and revitalise both the face and delicate eye contour, this ritual leaves the skin fresh, supple and glowing with natural radiance.

DOUCEUR MARINE COMFORTING FACIAL

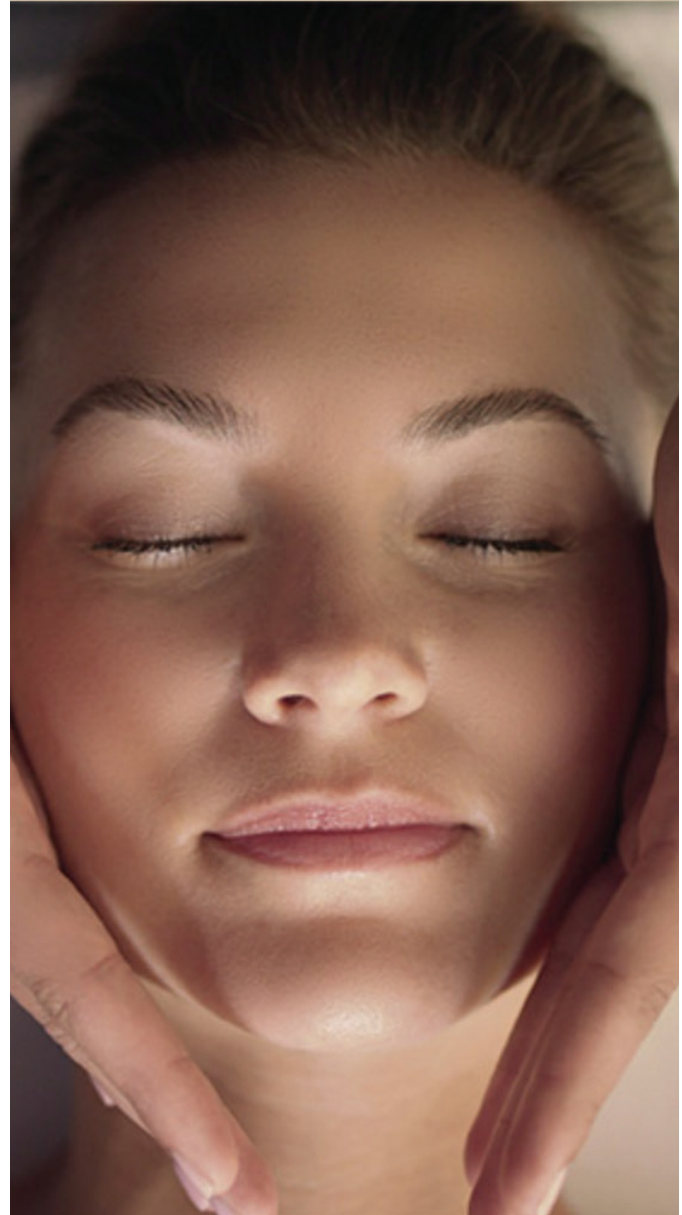
55 minutes | £115    

A calming and restorative ritual designed for sensitive skin in need of gentle care. This comforting treatment envelops the skin in soothing hydration while reinforcing its natural defences. Skin is left soft, balanced and beautifully comforted.

SUPREME YOUTH PIONNIÈRE FACIAL

75 minutes | £150      

This exclusive treatment rejuvenates the skin, restoring its youthful glow, vitality, and radiance. Featuring a specialised massage for the face and décolleté, it visibly smooths and refreshes the skin while promoting deep relaxation. During the session, the back is infused with trace elements and soothed with a comforting warmth, enhancing the overall sense of well-being. For those with lymph node removal, diabetes, high blood pressure and active/underactive thyroid – treatment may be adapted. Unsuitable for those with a shellfish allergy.



BODY TREATMENTS

FULL BODY WELLNESS MASSAGE

55 minutes | £130       

Relax and unwind with this soothing full body treatment designed to ease tension, boost circulation, and promote total wellbeing. Using warm oils and tailored massage techniques, this luxurious experience leaves you feeling refreshed, rebalanced, and deeply relaxed.

MOTHER TO BE FULL BODY MASSAGE

55 minutes | £120      

A nurturing full body treatment specially designed for expectant mothers. Using gentle and soothing products, this deeply calming massage helps relieve tension and promote relaxation. Suitable for those over 12 weeks of pregnancy.

BLISS BODY RITUAL

55 minutes | £130       

This blissful experience begins with a gentle back exfoliation to smooth the skin and a warm and comforting application of paraffin wax to the back, promoting relaxation and easing muscular tension. The ritual concludes with a calming massage to the lower legs and the back, neck and shoulders, leaving you in a state of total bliss.

MELLOW MAMA

75 minutes | £145        

The ultimate relaxation treatment for mothers-to-be and new mums. This decadent head-to-toe treatment includes everything you need to feel renewed. A full body massage will melt away aches and pains, along with a rejuvenating facial to soothe and brighten tired eyes and skin. A cooling leg and foot exfoliation and massage to finish will leave you feeling weightless and serene.

SIGNATURE MASSAGE

55 minutes | £120        

Our signature treatment begins with a warm foot compression to aid relaxation, continuing with the luxury of a stress-relieving back and facial massage, incorporating either a hand or foot massage to truly relax the mind and body.

NEOM ULTIMATE RELAXATION

65 minutes | £150        

Enter a room deeply scented with Neom tranquility fragrance, an intensive blend of 19 first pressed essential oils, including English lavender, basil and jasmine.

Our skilled therapists harness the very best techniques of shiatsu, cranio, Thai massage and trigger point work.

The treatment journey begins with peaceful, guided meditation, reflexology and breathing techniques. Neom Intensive Skin Treatment candle oil is drizzled over the skin, and every inch of the body is massaged, including stress relieving points on the head, face, neck and back.

SATIN SHIMMER CRYSTAL SALT EXFOLIATION

40 minutes | £75      

Reveal radiant, silky-smooth skin with this invigorating full body exfoliation. Using marine salts and a nourishing body milk, this treatment gently removes dead skin cells, boosts circulation, and leaves your body glowing with a satin-soft finish.

BODY FIRMING WRAP

55 minutes | £110      

Tone, tighten and rejuvenate with this results-driven body treatment. Infused with marine-rich ingredients, the wrap works to firm the skin, improve texture, and combat skin slackening. Relax as your body is cocooned, leaving you feeling smoother, sculpted, and refreshed.

TOUCHLESS THERAPIES

REJUVENATING WATER MASSAGE

15 minutes | £30    

Relax with a personalised, heated full body massage.

Powerful waves of heated water target specific areas of the body for a personalised and relaxing massage experience.

Benefits include:

The Rejuvenating Water Massage uses warm water that flows and contours to your body for a comfortable and rejuvenating experience.

The massage can be personalized with speed, intensity and location controls for a deeply relaxing feeling of well-being.

Temporary relief of minor aches, pains & stiffness and increase in blood circulation.

Reduces stress, tension and anxiety to aid mental wellness and relaxation.

If you have any medical concerns regarding this treatment, please check with Spa Reception.

SERAIL MUD CHAMBER

45 minutes      

One person £60 | Two people sharing £50 each

The combination of radiant heat and the self-application of scented mud, creates a rejuvenating yet relaxing experience. Our highly effective mud nourishes skin and uplifts the mind and body. The soothing warm temperature allows your pores to relax and drink in the benefits of this skin treatment. The chamber fills with herb infused vapours, with a salt scrub to follow and a warm shower to complete the experience. Unscented mud is available on request.





FACE & BODY RITUALS

PHYTOMER SEA HOLISTIC TREATMENT

85 minutes | £155 a sd ♥ FC BP LN P b1

Indulge in a deeply soothing massage that blends gentle effleurage, precise pressure and graceful stretches. Inspired by Thai wellness traditions, this treatment uses warm linen boluses infused with marine elements to melt away tension, one area at a time. As the comforting heat flows through the body, the mind unwinds, leaving you in a state of total relaxation and lasting serenity.

STOBO SUBLIME JOURNEY

105 minutes | £195 a sd b1 P12 B

Designed by Stobo's expert team of spa professionals, this luxurious face and body ritual begins with a soothing back exfoliation and massage to ease tension, followed by a deeply soothing facial tailored to your skin's needs. Combining expert touch with premium products, this top-to-toe treatment leaves you feeling radiant, restored, and utterly indulged.

THE MARINE RADIANCE RITUAL

85 minutes | £185 a sd b1 P12 B S

Feel the rejuvenating benefits of the sea with this decadent, remineralising face and body ritual.

Commencing with a soothing foot exfoliation, you are then taken on a unique experience using our bespoke detoxifying, stress relieving back ritual. The Champagne of the Seas heated mud is then applied to your back and feet and whilst this is bubbling away, you are treated to a luxurious, brightening and revitalising facial.

For those with lymph node removal, diabetes, high blood pressure and active/underactive thyroid, this treatment may be adapted.

PHYTOMER MARINE CALM

65 minutes | £130 a sd ♥ P12 FC BP LN b1 S

A luxurious face and body treatment to relieve tension and stress. A subtle blend of massage oil and relaxing serum along with the application of Thermal Self-heating Mud provides a totally relaxing, yet uplifting experience. For those with an active/underactive thyroid, this treatment may be adapted.

THE STOBO MENOPAUSE RITUAL

70 minutes | £160 a sd ♥ FC BP LN b1

Our Menopause Ritual is a deeply soothing and relaxing treatment designed to restore balance, comfort and calm. Beginning with a nurturing back and leg massage, your journey continues with a gentle facial cleanse, exfoliation and massage to ease tension and rejuvenate the skin. Nourishing creams and soothing masks provide hydration and comfort, while cooling tools complete the ritual, leaving you feeling refreshed, harmonised and deeply cared for. Enjoy our special blend of menopause tea post-treatment and receive a complimentary Phytomer Body Ritual Set to take home

HOLISTIC TREATMENTS

TRADITIONAL INDIAN HEAD MASSAGE

40 minutes | £90    

Feel your stress, aches and pains disappear with this wonderfully relaxing therapeutic experience. Head Massage has been practised in India for over a thousand years and is renowned for relieving the anxiety that accumulates in the head, back and neck in everyday life. Indian Head Massage is a safe, simple, yet effective therapy to enable lymphatic drainage. This treatment is carried out in a sitting position.

AROMASTONES

70 minutes | £140      

Stone therapy concentrates on the use of warm basalt stones incorporated into traditional massage. One massage stroke with a warm stone is the equivalent to five to ten strokes by hand. The deep, penetrating heat from the stones is used to massage the body, easing the pain and tension of aching muscles and creating a sense of well-being.

Bliss for the body, mind and spirit, hot stone massage has it all.

AROMATHERAPY

70 minutes | £135      

Drift into deep relaxation with this calming, full body massage using pre-blended essential oils. Designed to soothe the senses and restore emotional and physical balance, this gentle yet effective treatment melts away tension and promotes a profound sense of wellbeing.



MADE FOR LIFE

Made for Life wellness treatments provide a window of time to disconnect from daily stress and reconnect with nature and stillness. The treatments are akin to a period of meditation, allowing the body to access the para-sympathetic state where the mind and body are prompted into a 'state of allowing'. This period of time allows rejuvenation on all levels – mind, body and emotions – including a natural boost to immunity.

All Made for Life treatments use Made for Life 100% organic preparations and a range of specialised relaxation techniques. These treatments are performed by our highly skilled, cancer touch trained therapists.

CATCH THE BREATH

35 minutes | £80  

Perfect for those who simply want some time out to 'catch the breath', this nurturing back, head and shoulder ritual will help you to gently drift away and relax. Slow, soothing and nurturing touch therapy with 100% organic oils and balms brings you a deep sense of calm and relaxation.

SOOTHE AND NURTURE ORGANIC FACIAL

55 minutes | £115   

A beautiful way to restore natural luminosity to the skin, leaving you looking and feeling radiant. This 100% organic facial will nourish, cleanse, eliminate congestion and bring back natural balance to the skin. A deeply relaxing face and scalp massage calms the mind and soothes the soul.

HAND ON HEART

85 minutes | £165   

This deeply nurturing holistic spa ritual uses slow, rhythmic touch techniques to calm the mind, soothe the body, and restore inner balance. Designed to help you reach a profound state of peace and relaxation, it supports your wellbeing on every level.

Hand on Heart is perfect for anyone needing a deep sense of rest and restoration. It will help anyone, including those experiencing stress, anxiety, burnout, menopause, fibromyalgia, long Covid, cancer and other long term health issues. Each ritual is person centred and tailored with the utmost care and sensitivity to meet your individual needs.

Crafted using 100% certified organic skincare from Made for Life Organics, hand-blended in Cornwall, using ethically sourced botanicals to support your skin, senses, and inner peace.

This is a therapy that goes beyond the skin – it's a conscious moment of connection, stillness, and healing.

CALMING RADIANCE

55 minutes | £110  

Perfect for those seeking rest and rejuvenation, the Made for Life Bespoke Touch Therapy uses a relaxing sequence of slow, rejuvenating movements tailored to suit your needs.

With our organic lemongrass scrub to smooth and brighten the skin, followed by a nourishing application of 100% organic oils including a massage to the face and scalp, this treatment brings a deep sense of restorative calm.

MANICURES & PEDICURES

MII PRESCRIPTIVE MANICURE

40 minutes | £60 14 sd a

Nails are not alike... this is a treatment manicure which analyses and treats each nail for its specific nail type. The hands are exfoliated, cuticles are cared for with oils and creams, the nail shape is perfected and treatment basecoats and colour are applied for the perfect finish. A natural nail is required for this treatment.

MII MANICURE DELUXE*

55 minutes | £70 14 sd a

Indulge your hands with this nourishing manicure treatment designed to restore softness and elegance. Including expert nail shaping, cuticle care, exfoliation, a soothing hand and arm massage, and a hydrating mask, the treatment is completed with your choice of Mii's high-performance polish for a flawless finish.

MII PEDICURE

40 minutes | £60 14 sd a FC

A holistic foot and nail treatment to treat every nail type. Feet are exfoliated and a luxurious massage leaves feet smooth and soft. Nails are cut and shaped, cuticles are treated and prescriptive basecoats used for different nail types are applied...always finishing with the perfect polish. A natural nail is required for this treatment.

MII PEDICURE DELUXE*

55 minutes | £70 14 sd a FC

Treat your feet to the ultimate indulgence with our Mii Deluxe Pedicure. This luxurious treatment includes nail shaping, cuticle care, exfoliation, a soothing foot and leg massage, and a hydrating mask. Finished with your choice of Mii's high-performance polish, it leaves your feet feeling soft, refreshed

and beautifully polished.

* These treatments include a complimentary bottle of Mii nail polish of your choice.

Mii Gelation is a strong yet light application of "soak-off" gel polish, giving a beautiful, natural look to a long-lasting manicure or pedicure. The treatment offers total protection for the nails, allowing them to grow with a chip resistant polish for a three week extended wear and a high gloss finish.

MII GEL PEDICURE

40 minutes | £55 14 sd a

Following a consultation, hard skin is buffed and feet are revived with our Icelandic moss spritz. The cuticles are treated and the nails are trimmed and filed. The application of gel polish and a nourishing cuticle oil completes the treatment. Please note, a natural nail is essential for applying the gel.

MII GEL MANICURE

40 minutes | £55 14 sd a

Following a consultation, cuticles are treated and the nails are trimmed and filed. The application of gel polish and a nourishing cuticle oil completes the treatment. Please note, a natural nail is essential for applying the gel.









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